

Nordic Championships 2025 – Norrköping

Para-Cycling Pursuit Road Race

Preliminary Pursuit Start Times for Staggered Start

In the Para-Cycling Pursuit Road Race all sports classes, with the same type of cycle, compete together in the same road race. Each sports class is given a staggered individual start time, calculated in accordance to the official competition factors published by the UCI. After a predetermined distance/number of laps:

The first participant to cross the finish line is the winner!

No additional calculations of factors or results will be made, nor is any further medals given to individual sports classes.

To make the race as fair as possible, the race organizer determines a "base-speed", taking into account the circumstances under which the race is being held. The base-speed must be set, and made available to the teams, at least the day before the race. It is a fixed value and cannot be protested. The sports class with the lowest factor will start first, and the classes with higher factors will start in pursuit. See the preliminary tables below.

UCI Rules apply, with exemptions by the Swedish Federation. Competitors are free to draft regardless of their position in the race. Service is allowed where it doesn't hinder or cause danger. No respite is given. Handbikes must be fitted with a rear safety bar. Instructions by race staff must always be followed.

There is additional restrictions in this race due to TV-broadcasting. There is a strict time limit, and the competitors must exit the race track quickly after the race is finished. No extra laps. And, if called, the winner must immediately get to the interview booth.

Racer											How to read: If the participating class with the lowest factor is "Women C4", they will start first. The total number of laps, and the start time separation for the pursuing classes, is read from the corresponding column. [note1]
Start time for each individual class:											Factor: Factor-speed:
Women C1	+00:00	↓		[note1]							72,95% 26,3 km/h
Women C2	+03:11	+00:00	↓	↓							77,90% 28,0 km/h
Women C3	+04:35	+01:35	+00:00	↓							80,30% 28,9 km/h
Women C4	+05:42	+02:50	+01:15	+00:00	↓						82,31% 29,6 km/h
Men C1	+06:57	+04:14	+02:40	+01:25	+00:00	↓					84,70% 30,5 km/h
Women C5	+07:40	+05:02	+03:28	+02:13	+00:54	+00:00	↓				86,13% 31,0 km/h
Men C2	+09:41	+07:19	+05:45	+04:30	+03:26	+02:32	+00:00	↓			90,45% 32,6 km/h
Men C3	+10:54	+08:41	+07:06	+05:51	+04:56	+04:02	+01:30	+00:00	↓		93,23% 33,6 km/h
Men C4	+11:51	+09:45	+08:10	+06:55	+06:08	+05:14	+02:42	+01:19	+00:00	↓	95,56% 34,4 km/h
Men C5	+13:33	+11:40	+10:05	+08:50	+08:15	+07:21	+04:49	+03:39	+02:20	+00:00	100,00% 36,0 km/h
UCI Competition factors, April 2024											
Laps to win:	16 laps	18 laps	18 laps	18 laps	20 laps	20 laps	20 laps	22 laps	22 laps	22 laps	Base-Speed:
Distance:	21,9 km	24,7 km	24,7 km	24,7 km	27,4 km	27,4 km	27,4 km	30,1 km	30,1 km	30,1 km	36,0 km/h

Handbike											How to read: If the participating class with the lowest factor is "Men H2", they will start first. The total number of laps, and the start time separation for the pursuing classes, is read from the corresponding column. [note1]
Start time for each individual class:											Factor: Factor-speed:
Women H1	+00:00	↓		[note1]							51,76% 14,5 km/h
Men H1	+06:46	+00:00	↓	↓							60,09% 16,8 km/h
Women H2	+13:19	+07:51	+00:00	↓							71,15% 19,9 km/h
Men H2	+18:15	+13:46	+07:24	+00:00	↓						82,61% 23,1 km/h
Women H3	+18:15	+13:46	+07:24	+00:00	+00:00	↓					82,61% 23,1 km/h
Women H4	+19:30	+15:16	+09:16	+02:00	+02:00	+00:00	↓				86,13% 24,1 km/h
Women H5	+19:30	+15:16	+09:16	+02:00	+02:00	+00:00	+00:00	↓			86,13% 24,1 km/h
Men H3	+22:29	+18:52	+13:46	+06:47	+06:47	+05:23	+05:23	+00:00	↓		95,91% 26,9 km/h
Men H4	+23:34	+20:09	+15:23	+08:31	+08:31	+07:20	+07:20	+02:09	+00:00	↓	100,00% 28,0 km/h
Men H5	+23:34	+20:09	+15:23	+08:31	+08:31	+07:20	+07:20	+02:09	+00:00	+00:00	100,00% 28,0 km/h
UCI Competition factors, April 2024											
Laps to win:	10 laps	12 laps	15 laps	16 laps	16 laps	18 laps	18 laps	20 laps	20 laps	20 laps	Base-Speed:
Distance:	11,8 km	14,2 km	17,7 km	18,9 km	18,9 km	21,2 km	21,2 km	23,6 km	23,6 km	23,6 km	28,0 km/h